



REDUCING PROGRAM

" Diet and integral beauty program including hotel accomodation "

This reducing program avoids contra-effects at the starting point of a diet. It is recommendable for light overweight or for initial overweight treatment. It is also designed for anyone who wishes esthetic benefits (local obesity, cellulite), either by personal initiative or by medical prescription

Observable Results

Important weight loss depending upon the diet instructions

Practice of anti-sedentary habits

Consciousness of the potencial consequences of inadequate food habits

Size reduction

Esthetical improvement through reduction of several inches (depending upon the person)

Cellulite reduction or prevention.

Soft silky skin

Firmer muscles.

Complements and optimizes diet treatments

Duration

6 nights - 7 days

Including:

Balanced diet for 7 days (breakfast, snack, lunch, afternoon snack and dinner)

Reduction SPA treatment (reduction therapies with special equipment)

Gym and swimming pool

Hotel accommodation during 6 nights and 7 days. (comfortable and large suites, and use of all accomodations)

Taxes

Price in American Dollars

Bs. 5187,00



RELAX PROGRAM

" Relax program with hotel accomodation "

With the comfort of a hotel and service of specially trained group of therapists who assist our guests in an integral vision: Body, soul and spirit.

Observable Results:

Relaxing
Discovering and appreciating contact with nature.
Learning and adopting new life alternatives.
Healthy and desintoxicating food.
Eliminating muscular contractions and pains.
Improving mood.
Firmer muscles.

Duration: 3 nights / 4 days

Including:

Relaxation masaje with therapeutical techniques.
Foot reflexology.
Relaxing saunas and jacuzzi programs
Four - day balanced diet (breakfast, snack, lunch, afternoon snack and dinner)
Gym and swimming pool
Hotel accommodation for 3 nights and 4 days (comfortable and large suites, and use of all accomodations)
Taxes

Price in American Dollars

***USD.- 350**



REJUVENATING PROGRAM

" Facial program with hotel accomodation "

The comfort of our hotel and the high quality of our products and services create the perfect conditions for the care of your face.

Observable Results:

Improvement of the skin texture.
Moisturized and clean face.
Knowledge and practice of new alternatives and treatments.
Important facial rejuvenating.
Knowledge of products and treatments according skin type.

Duración: 4 nights / 5 days

Including:

Deep facial cleansing.
Deep facial Hydration.
Gold, pearl and royal jelly therapies.
Time-expert (surface botox) or caviar according to needs.
Lifting eqipment with electrodes.
Linfatic treatment and strengthening with LPG (endermology).
Cells according to skin type.
Saunas and Jacuzzies.
Gym and swimming pool.
Hotel accomodation for 4 nights and 5 days. (comfortable and large suites, use of all accomodations)
American buffet breakfast.
Taxes.

Preice in American Dollars

***USD.- 420**

Av. Roca y Coronado N° 901 Telf: 355-1212 Int. 327-121

www.hotelbuganvillas.com



LINFATIC AND RELAX PROGRAM

" Desintoxicating and relax program with hotel accomodation "

Professional service, high quality and modern equipment, and comfortable hotel accomodation create all the conditions to serve our guests in all senses:
Body, mind and soul.

Observable Results:

Relaxation.
Discovering and appreciating contact with nature.
Knowledge and practice of new life alternatives.
Balanced and optimun physical health.
Healthy and desintoxicating food.

Duración: 6 nights / 7 days

Including

Relax massage with therapeutic techniques.
Feet reflexology.
Shiatsu therapy.
Manual linfatic treatment.
Presotherapy.
Saunas and Jacuzzies therapies.
Gym and swimming pool.
Hotel accomodation for 6 nights and 7 days. (comfortable and large suites, use of all accomodations)
Breakfast buffet.
Healthy diet.
Taxes.

Price in American Dollars

***USD.- 565**

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